





**Pr 14:29 ¶ [He that is] slow to wrath [is] of great understanding: but [he that is] hasty of spirit exalteth folly.**

*He that become angry slowly have understanding, but he upset fast that cause problems.*



**Pr 14:30 ¶ A sound heart [is] the life of the flesh: but envy the rottenness of the bones.**

*If heart healthy that cause body strong, but envy that cause bones become weak.*

